OBSESSIVE LOVE DISORDER AND PSYCHOPATHIC BEHAVIOUR OF
THE MAIN CHARACTER IN GONE GIRL MOVIE THROUGH
PSYCHOANALYSIS PERSPECTIVE

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Abstract
The research is conducted to analyze the character in the movie Gone Girl that has a serious mental disorder which is a Psychopathic Behavior. The cause of the mental disorder in the character of this movie is because of her obsessive love towards her husband. In conducting the research, descriptive qualitative method is used to elaborate the symptoms of Psychopathic Behavior. The psychoanalysis perspective theory was applied to analyze every action that the main character has done which matches with the characterization of psychopathic behavior that cause by her obsessive love disorder towards her husband.

Keywords: psychopathic behavior, obsessive love disorder, Gone Girl’s movie

I. INTRODUCTION
One of the types of Obsessive-Compulsive-Disorder is Obsessive love disorder. Obsessive love disorder is when a person obsesses with someone that they think they are in love with. The person with Obsession love disorder is feeling the needs to protect and care for the person that they love obsessively. This behavior then can develop into the needs to control the person they love.

Froward and Buck 1991 explained “Obsessive love disorder is the contradiction of healthy love. Healthy love inspires to trust, caring, and mutual respect. Obsessive love, on the other hand, is dominated by fear, posses-
siveness, and jealousy. Obsessive love is volatile and sometimes dangerous. Ultimately, it never satisfies, it never nourishes, and it rarely feels good” (Hanggarjito, 2018). Gone Girl is one of the movies about Psychological thriller that is describing about the behavior of Psychopath in the main character of Amy Dunne.

Based on analyzing the movie, the writer concludes some goals to make this paper easier to be discussed. They are:

a. To identify the obsessive love disorder and psychopathic behavior in the character Amy Dunne
b. To make the correlation between the theory of obsessive love disorder and the psychopathic behavior through psychoanalysis perspective in character Amy Dunne.

II. RESEARCH METHOD

Obsession Compulsive Disorder

According to (Hanggarjito, 2018) “Obsessive compulsive disorder itself is described as anxiety disorder. The disorder has two main parts which are obsessions and compulsions. Those parts are related to one another. Basically, someone with an obsession will do some actions to fulfill his/her obsession, and this action is called as compulsion”.

(Hanggarjito, 2018) also stated the explanation from Rachman and De Silva in Obsessive Compulsive Disorder that “The parts of the Obsessive-Compulsive-Disorder are defined as:

a. Obsession: obsession are unwelcome thoughts, images, urges, or doubt that repeatedly appear in your mind.
b. Compulsion: compulsions are repetitive activities that you feel you have to do”.

While (Fredy, 2015) quoted the explanation from DSM-IV-TR; APA 2000 that stated “The criteria for diagnosing Obsessive-Compulsive-Disorder is as follows:

Obsession as defined by:

a. Recurrent and persistent thoughts, impulses, or images that are experienced at some time during the disturbance, as intrusive and inappropriate and cause marked anxiety or distress.
b. The thoughts, impulses, or images are not simply excessive worries about real-life problems.
c. The person attempts to ignore or suppress such thoughts, impulses, or images, or to neutralize the with some other thought or action.
d. The person recognize that the obsession thoughts, impulses, or images are a product
of his or her own mind (not imposed from without as in thought insertion).

Compulsions as defined by:

a. Repetitive behavior that the person feels driven to perform in response to an obsession, or according to rules that must be applied rigidly.

b. The behavior or mental acts are aimed at preventing or reducing distress or preventing some dreaded event or situations; however, these behaviors or mental acts either are not connected in a realistic way with what they are designed to neutralize or prevent or are clearly excessive”.

**Obsession Love Disorder**

(Nadha, 2019) quoted the explanation from Bogerts that the person who suffers from obsessive love disorder have some characteristics, there are:

a. Stalking: This can be physically or through the various existing social media in order to keep tabs on them. Stalking can be defined as the willful and repeated following, watching or harassing of another person. Someone has ever accused their partner of infidelity even when the evidence suggests otherwise because of their own insecurity. A stalker often suffers from a lack of social skills and finds communicating with others challenging. Their behavior reflects their obsession.

b. Resentment: Unwanted suspicion of every move, resentment for relationship with others and violence. The feeling of displeasure or indignation some act, remark, person, etc, regarded as causing injury or insult. The definition is bitter indignation at having been treated unfairly. It is also known as bitterness, and is the basic foundation of hatred. It involves disgust, sadness, and surprise in the sense of perception of injustice. It additionally combines the feelings of fear, anger, and disappointment.

c. Extreme jealousy: Jealousy is a complex emotion that encompasses feeling ranging from fear of abandonment to rage and humiliation. Someone get jealous of his partner spending time with other people, when they could be spending time with him. Feel compelled to know exactly where they are and who they are with anytime they are not together.

**Psychoanalysis Perspective Theory**

Psychoanalysis theory was found by Sigmund Freud in 1856. According to him, “Psychoanalysis has no aim except for knowing and understanding about unconscious mind in mental life” (Freud 2006: 440) quoted
by (Sarjono, 2016). According to Hall in his book A Primer of Freudian Psychology, “The total personality that Freud formulate consist of three a major system; id, ego, and superego. The dynamics of personality explains how these three systems operate with one another” (Rachmadany, 2016).

According to Freud, “Id is the root of all psychic energy, so that a major component personality. Id is driven by the principle of pleasure, the pleasure principle does no take into account the feelings of others, society norms, or agreements between people that seek to satisfaction immediately of all the wishes, desires, and needs. If this need not satisfied, the result is anxiety or tension” (Newman 1983) by (Wahid, 2016).

“Ego is psychological aspect of personality which appears because there is an individual need to interact with real life. In its function, ego hold on the reality. Ego also can be assumed as an executive personality aspect because ego arranges the way which will done, choose the needs that can be done. Ego has a duty for controlling id’s want. Ego does what id says and combines it with the reality. For example, when someone feels so hungry, his id says that he has to eat something while in its realization to solve it, ego will do an effort regarding to fulfill id’s want that is go looking for something to eat. Ego like as a security that has duty for controlling id and reality” (Corey, 2010: 15) by (Sarjono, 2016).

“Superego is sociological aspect of personality it is kind of the traditional values and society desire as what is interpreted by parents to their child through the rules of prohibition. Superego can be assumed as moral personality aspect, it determines whether something is good or bad, true or false, proper or not with the morality occurs in society. Superego forbids the id impulse especially sexual impulse and aggressive which is prohibited by the society, encourage ego to do something moral that realistic and wants to get perfections. Hence, the super tends to oppose id and ego then make an ideal concept. If something happens and it is felt as something opposite with what supposed by superego, generally it makes someone feels so guilty and sin. (Endaswara, 2002: 148) by (Sarjono, 2016).

“The function of superego is dealing with good or bad. Superego was more of a perfection that pleasure, therefore superego may be regarded as a moral issue that personality itself. Superego is morality element branch of justice from personal system; supe-
rego is the internal representative of traditional values and evaluative norms” (Hall 1988) by (Wahid, 2016).

**Psychopathy**

According to (Hoffman, 2016) “Psychopathy is a constellation of psychological symptoms that typically emerges early in childhood and affects all aspects of sufferer’s life including relationship with family, friends, work, and school”.

“The symptoms of psychopathy include shallow affect, lack of empathy, guilt and remorse, irresponsibility, and impulsivity. The psychopathic personality is comprised of affection and behavioral traits”. (Patrick, Fowles & Krueger 2009) quoted by (Casey, 2013).

According to Hare 1993 Some of the characterization of psychopathy are;

a. Lack of empathy; The psychopath shows that he is not at all concerned about the effects of his actions on others. This lack of remorse and guilt is due to the psychopath’s extraordinary ability to rationalize his behavior (Hare 2006) by (Monica Argitha sakthiyani, 2016)

b. Manipulative; The Psychopath is very clever in using the weakness of others for their own benefit (Hare 2006) by (Monica Argitha sakthiyani, 2016)

c. Lack of empathy; Arbitrary psychopathic treatment of others can be related to the lack of empathy they have. They are many traits that psychopaths show – especially their egocentric nature, lack of regret, superficial emotions and cheating – associated with a lack of empathy (the inability to feel the soul and emotions of others). (David et al, 2014) by (Monica Argitha sakthiyani, 2016)

5 Compulsive Lying; lying is always done by psychopath. Normal people will lie if necessary. But each the act of psychopath is lying. He tried to habituate this. (Wahid, 2016)

People with psychopathic behavior may tends to lie, or steal and often doing something that against social norms. The psychopath usually does the action based on only of what they want and what they desire, they often do not think about the consequence of their action.

**III. DISCUSSION**
The Obsessive Love Disorder in Amy Elliot Dunne

Amy Dunne is an intelligence, beauty, success and famous girl in America. She was born and raised in New York and she is working as a magazine quiz writer in New York. At some party, she meets Nick and constantly falling in love to him. Along the way, Amy become very obsessed with Nick. She is willing to do anything in order to make him stays in her life.

Figure 1 Amy Met Nick (00:04:50)

Amy : and what type are you?
Nick : Missouri guy.
Amy : Missouri?! How cute.
Nick : Ah native New Yorker!
Amy : World ends at the Hudson. I’m Amy.
Nick : So, tell me, Amy. Who are you?
Amy : A. I am an award-winning scrimshander. B. I am a moderately influential warlord. C. I write personality quizzes for magazines.

Nick : A. Your fingers are far too delicate for real scrimshaw work. B. I am a charter subscriber to Middling Warlord Weekly—I’m sure I’d recognize you. So: C.
Amy : And you? Who are you?
Nick : I’m the guy to save you from all this awesomeness.

This scene and the conversations show how Amy and Nick first meet at some party in New York. Nick was impressing Amy by her ability in communicating by asking her which was her favorite guy. In this scene, the writer analyzes that Amy was falling in love with Nick at the first meeting.

Figure 2 Amy sees Nick is kissing another girl (01:18:45)

This scene is when Amy finally finds put that her husband is cheating towards her with his own student who is very young and beautiful and sexy. From this scene, the writer believes that this is the beginning of her obsessive love towards Nick becoming resentful.
As according to Bogerts, the characteristic of obsessives love disorder are; stalking resentment and extreme jealousy which are very accurate with Amy behavior in this scene. Amy is stalking everything that Nick is doing, and when she finds out that Nick is cheating on her, she gets so anguish and extreme jealous. The resentment and extreme jealous towards Nick then lead her becoming the reason for her to frame Nick in murdering her as the revenge. She cannot deal with her emotions. She feels useless and disappointed. After everything that she has been doing for her husband, she gets cheated on. In her revenge that she is planning very accurately, she wants to give Nick a lesson.

Figure 3 Amy is confessing her murder to Nick (02:13:06)

Nick : I’m leaving.
Amy : You really think that’s smart? Wounded, raped wife battles her way back to her husband—and he deserts her? The media will destroy you. Your neighbors will shun you. And I will make sure no one forgets the pain you caused me.

Nick : I don’t want to deal with your groupies outside. But as soon as they go, I go.
Amy : Give it the night. Sleep on it.

This scene is telling when Amy gets back to her husband after she is murdering her ex-boyfriend, he asks her about the truth, and she confesses it to Nick. But when Nick is telling her that he wants to leave her, Amy gets angry and threatening him that she is going to ruin his whole life. She is also restraining Nick by her pregnancy. From this scene, the writer analyzes that the obsessive love of Amy is getting bigger. She wants to having and control Nick’s life as she wants.

Obsessive love is the opposite of healthy love. From the event that Amy shows, she doesn’t love her husband in a healthy way. She is willing to control him and afraid of losing him. Amy wants Nick to become someone that she wants. But when she knows that Nick is cheating on her, she knows that she cannot control him, she realizes that Nick cannot be someone she wanted to be. Then she gets stress and insecure that Nick will dump her. Because she cannot deal with her emotion, she plans to get revenge on him in framing him for murder. She plans of her revenge towards Nick very carefully and perfectly. She wants Nick to learn that she is
the controller of his life, that he cannot does anything without she knows

**The Psychopathic Behavior in Amy Elliot Dunne in Gone Girl’s Movie**

Gone Girl’s movie is a psychological thriller movie that is well considered as a psychopathic character by movie-reviewers. The main character in this movie is a wife – Amy Dunne – who is framing her husband – Nick Dunne - in murdering her.

In gone Girl’s movie, Amy did not show a lot of violence scenes like slaughter, torture or murder as the common action of psychopath, but she shows many behaviors as the characteristic of psychopath. As the characteristic of psychopath from Hare 2006 that the psychopath is usually lying, manipulative, lack of empathy and lack of guilty feeling or remorse; Amy is a liar, manipulative, lack of empathy, and lack guilty feeling or remorse that indicated as a psychopathic behavior.

1. **Amy is a liar**

Amy Dunne is a very good liar. She can lie about almost everything and it can come naturally from her brain. As the theory, that psychopath often tells a lie story about their self and life.

2. **Amy is manipulative**

Amy is a very calculating clever manipulator. She calculates everything she did perfectly in order to make people believe in her story. She wants people believe that her husband murders her.
This scene shows when after Amy is seducing Desi to have sex with her, after his ejaculation, she is cutting Desi’s throat with a cutter. This show how sadistic and lack of empathy she is.

**Psychoanalysis Perspective Theory in Character of Amy Dunne**

As according to Sigmund Freud, total personality in human being consists of three mayor systems, they are id, ego, and superego. These three systems are working cooperatively together to produce a healthy mental in human behavior. Someone who has a healthy mental would decide his behavior by measuring his id, ego, and superego. His mind would think carefully whether his action is right or wrong based on his knowledge in society and/or family. But someone who suffer from a mental problem would be difficult to understand these three systems. Usually, someone who suffers from a mental problem would have a strange or dangerous behavior which will harm his self or other.

In this movie through the character of Amy Dunne, the writer analyzes that Amy Dunne is having a mental problem called Obsessive Love Disorder which leads her in becoming psychopathic behavior. After watching and analyzing this movie very carefully,
the writer believes that from the beginning, Amy is in love with Nick. But along the way, Amy is getting obsessed with him, and when she finds out that Nick is cheating on her, she cannot deal with her emotions and anger. This incident leads to Amy’s personal problem. Then she creates a personal vengeance which is very accurate and detail that turns Nick into a murder of her own death.

As the explanation that Id is feeling in avoiding pain and looking for a personal pleasure, Amy’s Id designs a revenge action to pursue pleasure to heal her pain by being cheated by Nick. Then when Amy wants to gets back to Nick after a few days of hiding, her Id also leads her to make a plan to kill Desi. Amy’s plan in framing Nick and killing Desi are the results of the Id which demands pleasure without concerning the impact towards the rules or other’s feeling. Amy’s id leads her in doing anything to get whatever she wants without thinking any consequences of her action. Amy’s revenge in framing Nick and planning in killing Desi are motivated her Id. Her id’s purpose is to release the pressure and emotions of feeling the pain by the cheating that Nick is doing through revenge.

The Ego is a feeling in wanting to make an Id’s desire as a reality action. Controlling by her Id, Amy’s ego then continue leads her in making the plan for her revenge becoming real action. She creates a crime scene to frame Nick and to kill Desi. Amy’s Ego serves the Id demands in making the plan of framing Nick and killing Desi. Amy’s behavior is controlling by her Id, then her Ego develops the demands in reality action.

While the Superego is an understanding of the rules for good or bad based on the society or the family, Amy’s superego forms a new perception from her action. Her superego is exploited by her Id for reaching a pleasure fulfillment and the action of her Ego then reach the result as a lying action. It is shown when Amy tells to the public that her disappearance is because Desi has kidnapped and raped her. Her superego leads her to put the blame to the man she killed to avoid her from the law.

Amy’s psyche is dominated by her Id. All of what she did in framing her husband and killing Desi to come back to her husband show how her Ego serves what her Id demands. While her Superego make her create a falsehood story to prevent her from being executed.
IV. CONCLUSION

In this chapter, the writer would like to conclude the analysis based on the data that has already been discussed from the previous chapter on the theory of obsessive love disorder, psychopathic behavior and psychoanalysis perspective. There are several points that the writer will convey.

Gone Girl’s movie is telling about the main character who has a personality disorder. This study is aimed to analyze the personality disorder in Amy Elliot Dunne. The writer believe that the character of Amy Dunne is having a personality disorder called obsessive love disorder that leads her to have another personality disorder called psychopathic behavior. Through a psychoanalysis perspective theory, the writer reveals the factors that cause Amy Dunne to be a psychopath which is an obsessive love disorder towards her husband. Firstly, the writer identifies Amy Dunne’s behavior which is described in the Gone Girl’s movie. The results show that the behavior of Amy Dunne’s character is matched with the symptoms of psychopathic disorder consist; manipulative, lying, lack of remorse and lack of guilty feeling. The writer believes that Amy Dunne suffers from a personality disorder called psychopathic behavior.

Based on the first result, the writer analyzes that the psychopathic behavior of Amy Dunne is influenced by her obsessive love towards her husband. The obsessive love of Amy Dunne can be seen in every decision that she made in her life. The writer concludes that Amy Dunne is making every action that she has done based on her obsession towards her husband. The first decision that Amy has done because the influencing of her obsessive love disorder towards her husband that is leaded her in becoming psychopath, is when Amy finds out that her husband is cheating on her, she feels so anguish and disappointed. She cannot deal her emotion and feel extreme jealousy of the woman that her husband is cheating with. Her anger leads her in creating a revenge plan to frame her husband in her own death. In her revenge, Amy is heading for her husband to make him is being hated by all the society, Amy wants to give her husband a lesson that what he has done is to her is unbearable and unforgiveable to Amy. The second decision that Amy has done in the influencing by her obsessive love towards her husband that is also leaded her to become a psychopath, is when she wants to get back to her husband. Even though she is served well in her hiding by her ex-boyfriend, she remains
to get back to her husband. Then, in order to get back to her husband she manipulates her ex-boyfriend and killed him.

Based on those result above, the writer analyzes Amy’s behavior using psychoanalysis perspective theory by Sigmund Freud. The psychoanalysis perspective is using in analyzing the factor of every decision that Amy has done. The results show that the behavior of Amy Dunne is because her Id dominates her psyche, her ego serves her id’s demands, then because her superego cannot stop her in making a dangerous decision towards other, it makes a falsehood story to prevent her from the consequences. Her Id is designed to avoid her from the pain that she feels because of her husband’s betrayal. Her Id demands a revenge, then her Ego develops into creating the Id’s desire in making a crime scene to frame her husband. Her Id also demands to come back to her husband which make her Ego develops into making a plan to kill her ex-boyfriend. While since her Superego cannot stop her in doing what her id demands, it develops in creating a falsehood story to prevent her from the law, since what she has done is very dangerous and sadistic.

REFERENCES


