Abstract

Literature is a record of human life experience either his or her own experience or others. There are three genres of literature, fiction, non-fiction, and poetry. The movie is included in fiction genre. Movie is one of the most popular fiction. The purpose of movie is to entertain the audience and to be able to take positive lessons from movie. The writer focuses on post-traumatic stress disorder of main character in Every Thing Will Be Fine movie. In Every Thing Will Be Fine movie tells about main character of Tomas Eldan. Descriptive qualitative method is used in this research. In analyzing post-traumatic stress disorder in this movie, the post-traumatic stress disorder is divided into three parts: the types of post-traumatic stress disorder, the causes of post-traumatic stress disorder, and the effect of post-traumatic stress disorder. Before analyzing post-traumatic disorder, it needs to summarize the story and analyze the main character. The results are got from the types, the causes and the effect of post-traumatic stress disorder that happened to the main character of this movie, Tomas Eldan. All parts of post-traumatic stress disorder can be seen after the main character got the accident that occurred while he was driving and waiting twelve years examining the effect of the tragedy on his life and traumatized him. So the post-traumatic stress disorder is happened in this movie, such as self-injury, suicidal thoughts and behaviors, alcoholic use, and depression.

Keyword: Main Character, Movie, Post-Traumatic Stress Disorder

Abstrak

I. INTRODUCTION

Nowadays, many people like literature. Literature is a record of human life experience either his or her own experience or others. There are three genres of literature; fiction, non-fiction, and poetry. The movie is included in fiction genre.

Movie is one of the most popular fiction. Movie has many genres such as drama, action, comedy, horror, romantic, costume, animated, and thriller. The purpose of movie is to entertain the audience and to be able to take positive lessons from movie. One of movie genre is drama. Drama is a serious movie. “Every Thing Will Be Fine” movie is included in drama genre.

The writer chooses “Every Thing Will Be Fine” movie because this movie discusses about post-traumatic stress disorder. This movie tells about the story of Tomas Eldan who had experienced trauma as a result of crashing a child, (Christopher) twelve years ago. Furthermore, this movie tells about a psychology problem experience trauma which is called post-traumatic stress disorder. (Nutt, David J, Murray B. Stein, and Joseph Zohar, 2009) says Post-traumatic stress disorder is an anxiety disorder defined by the co-occurrence in survivors of extreme adversity re-experiencing avoidance and hyperarousal symptoms, unlike most other mental disorders, the diagnosis of PTSD relies on associating concurrent symptoms with a previous traumatic event.

Post-traumatic stress disorder is a kind of mental damage caused by a long-lasting consequence of incredibly traumatic events that overwhelm a person’s ability to cope. Post-traumatic stress disorder can be caused by traumatic events in the past which are still lasting and remaining in memory. (Friedman, Matthew J, Dan J. Stein, and Carlos Blanco, 2011) states Post-traumatic stress disorder is a condition manifest during an individual’s interaction with interpersonal and physical environments; in essence, an information-processing disorder. It means that post-traumatic
stress disorder is a situation where someone in real life conditions for interaction with environment impairs interpersonal and physical. Post-traumatic stress disorder discusses about attitude of trauma exist in someone’s soul. The attitude of traumatic can be occurred to anyone who has ever experience traumatic events in the past and can be caused severe emotional disturbances. (Titolo, Tim. 2012) tells there are ten types of post-traumatic stress disorder, such as: vehicular traumatic, industrial traumatic, criminal assault, sexual assault, child sex abuse, terrorism, Torture, holocaust, war trauma, and natural or man-made disasters. (National Center (2016) states there are five main types of post-traumatic stress disorder, such as: 1.Normal stress response 2. Acute stress disorder 3. Uncomplicated PTSD 3. Comorbid PTSD 5. Complex PTSD.

There are many things that cause post-traumatic stress disorder, (Goulston, 2008) says there are nine causes of post-traumatic stress disorder, such as: natural disaster, witnessing a killing or serious injury, child’s life-threatening illness, sudden unexpected death of family member or friend, shooting or stabbing, serious accident or injury, sexual assault other than rape, severe physical assault, rape.

Post-Traumatic Stress Disorder of Main Character in Every Thing Will Be Fine Movie is one of the most interested movie to be analyzed because this movie is not only get one of the nomination movie awards from New York Times but give us the details of the movie as well. In other hand, by analyzing post-traumatic stress disorder in this movie, it can be as a bridge to understand and comprehend English with fun way.

II. THEORETICAL FOUNDATION

2.1 Definition of Post-Traumatic Stress Disorder

Post-traumatic stress disorder is known as a situation where someone who has ever experience traumatic events in the past and still shadowing until now. There are several definitions of post-traumatic stress disorder by some experts:

According to Friedman, et al (2011: 42), “Post-traumatic stress disorder is a condition manifest during an individual’s interaction with interpersonal and physical environments; in essence, an information-processing disorder.” It means that post-traumatic stress disorder is a situation where someone in real life conditions for interaction
with environment impairs interpersonal and physical.

Argued by Nutt, *et al* (2009:1), “Post-traumatic stress disorder is an anxiety disorder defined by the cooccurrence in survivors of extreme adversity reexperiencing avoidance and hyperarousal symptoms, unlike most other mental disorders, the diagnosis of PTSD relies on associating concurrent symptoms with a previous traumatic event.” It can be assumed that post-traumatic stress disorder is an anxiety disorder experienced by someone as a result of traumatic events in the past.

### 2.2 Symptoms of Post-Traumatic Stress Disorder

Argued by Titolo (2012), said that there are ten types of post-traumatic stress disorder, such as:

1. Vehicular traumatic is no denying that a vehicle weighing several thousand pounds can cause injury, trauma, and even death. That is typical in cases of car accidents.

2. Industrial traumatic is industrial settings-factories, oil refineries, construction sites, and other blue collar work place have a high potential for accidents.

3. Criminal assault is statistics of criminal assault are staggering when a person is attacked, beaten or hit, a trauma occurs.

4. Sexual assault is actual or attempted sexual contact, exposure to ageinappropriate sexual material or environments, sexual exploitation, unwanted or coercive sexual contact.

5. Child sex abuse is a form of child abuse in which an adult or older adolescent uses a child for sexual stimulation.

6. Terrorism is the unlawful use of force and violence against person or property to intimidate or coerce a government, the civilian population, or any segment thereof, in furtherance of political or social objectives.

7. Torture is the act of deliberately inflicting severe physical or psychological pain and possibly injury to an organism.

8. The Holocaust is a unique event in twenty century history.

9. War trauma is exposure to acts of war trauma including incidents such as bombing, shooting, looting, or accidents that are a result of terrorist activity as well as actions of individuals acting in isolation if they are considered political in nature.
10. Natural or man-made disasters is major accident or disaster that is an unintentional result of a man-made or natural event.

2.3 Causes of Post-Traumatic Stress Disorder

National Association for Mental Health (2014:6), there are sixteen causes of post-traumatic stress disorder, such as:

1. A serious accident, for example: a car crash.
2. An event where you fear for your life
3. Being physically assaulted
4. Being raped or sexually assaulted
5. Abuse in childhood
6. Extreme violence or war
7. Military combat
8. Seeing people hurt or killed
9. A natural disaster, such as flooding or an earthquake
10. Losing someone close to you in disturbing circumstances
11. Experiencing repeated trauma
12. Getting physically hurt or feeling pain
13. Having little or no support from friends, family or professionals
14. Dealing with extra stress at the same time, such as bereavement or loss
15. Previously experiencing anxiety or depression
16. Work in a high-risk occupation, such as the police or military.

2.4 Effects of Post-Traumatic Stress Disorder

Stated by Delta Medical Center (2017), the effects of this severe mental illness can range from mild to extremely dire, depending on the individual and their life circumstances. There are fourteen of effects of post-traumatic stress disorder can include:

1. Social isolation
2. Crumbling interpersonal relationships
3. Job loss
4. Financial difficulties
5. Substance use and abuse
6. Alcoholism
7. Emotional deterioration
8. Inability to trust others
9. Self-injury
10. Eating disorders
11. Worsening depression
12. Worsening anxiety
13. Inability to function in daily life
14. Suicidal thoughts and behaviors
III. RESEARCH METHOD

The research is conducted by using descriptive qualitative method. The descriptive qualitative method means that the writer describes the data as what it is. The method presents the way how the researcher writes the research based on the topic is being discussed. In short, descriptive qualitative method is the method used in delivering the discussion by describing the data without modification.

Thus, library research discussion and internet sources about Tomas Eldan is portrayed, the types of post-traumatic stress disorder of Tomas Eldan, the causes of post-traumatic stress disorder of Tomas Eldan, and the effects of post-traumatic stress disorder of Tomas Eldan in Every Thing Will Be Fine movie. After having a bit comprehension, the writer watches movie for several times. This done in order to confirm the theory to the data obtained. Soon, the data are analyzed. After that, the writer arranges the data and bundles in this paper.

IV. RESEARCH RESULTS

After analyzing “Every Thing Will Be Fine Movie”, the writer got results. The results are got from the types, the causes and the effect of post-traumatic stress disorder that happened to the main character of this movie, Tomas Eldan. All parts of post-traumatic stress disorder can be seen after the main character got the accident that occurred while he was driving and waiting twelve years examining the effect of the tragedy on his life and traumatized him.

4.1. Summary of the Story

Tomas Eldan (James Franco) who worked as a writer. One day he was driving aimlessly around the outskirts of town after a trivial domestic quarrel with his girlfriend, her name was Sara (Rachel McAdams). Suddenly, accidentally Tomas car hit and killed a child. Tomas shock and look out turn out there was a little boy, his name was Christopher (Phillipe Vanasse) who sitting pensively will not look at his face. Tomas directly delivered him to home. Tomas arrived at a house knock on the door and there was a woman, her name was Kate (Charlotte Gainsbourg) who open the door, she was Christopher’s mother. Kate asked to her son where Nicholas, but the boy did not want to answer. Kate panic and immediately seek his out. Tomas followed Kate turn out Nicholas was dead. The night Tomas felt guilty about what happened to him because he had hit and killed a child innocently. Kate felt sad due to the lost of her son. Tomas very traumatized by the accident. Tomas days in

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spent drank alcohol and every time he looked in the mirror, he saw a murderer a child innocent that made almost any suicide and health workers deliver him to the hospital for a treat.

4.2. Analysis of Main Character

Main character in *Every Thing Will Be Fine* Movie is Tomas Eldan. Tomas Eldan who works as a writer. He is thirtyseven years old. He is male and handsome. He has white skin, short brown curly hair, a pointed nose, a muscular body, and brown eyes.

![Tomas Eldan Picture](source)


Picture 1: Tomas Eldan

4.2.1 Characterization of Tomas Eldan

1. Friendly Man

Friendly is behaving in a pleasant, kind way towards someone, people who respond, and people who have the initiative, always start a conversation. In *Every Thing Will Be Fine* movie, Tomas as a friendly man was showed in the scene below. Tomas is friendly to his friends. He has many friends and likes to greet him with his friends.

2. Responsibility Man

Responsibility is a duty or obligation to satisfactorily perform or complete a task (assigned by someone or created by one own promise or circumstances) that one must fulfill, and which has a consequent penalty for failure. In *Every Thing Will Be Fine* movie, Tomas as a responsibility man was showed in the scene below. Tomas is responsible for the acts that he does to a child (Christopher) who he crashes on the road.

3. Hard Worker Man

Hard worker is one who is industrious and diligent in carrying out tasks or duties and must constantly work or achieve something, often find it difficult to rest. In *Every Thing Will Be Fine* movie, Tomas as a hard worker man was showed in the scene below. Tomas who works as a writer. He worked hard to makes good novels and likes a lot of people.

4.3 The Type of Post-Traumatic Stress Disorder of Tomas Eldan

In this part the writer describes about the types of post-traumatic stress disorder of Tomas Eldan in *Every Thing Will Be Fine*
movie. All the types of post-traumatic stress disorder, there are several that match with scenes in *Every Thing Will Be Fine* movie, such as:

1. Comorbid PTSD with other psychiatric disorders is actually much more common than uncomplicated PTSD.


   Picture 2: Tomas Eldan shows comorbid PTSD (at motel 00:21:15-00:21:20)

   From the picture above describes about self-injury where Tomas feels self-injury. Tomas feels guilty, panic, depression about the accident, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances.

2. Complex PTSD exhibit behavioral difficulties (such as impulsivity, aggression, sexual acting out, eating disorders, alcohol or drug abuse, and self-destructive actions), extreme emotional disturbances (such as intense rage, depression, or panic).


   Picture 3: Tomas Eldan shows complex PTSD (at the motel, 00:21:23 – 00:21:28)

   From the picture above describes about complex PTSD where Tomas hurts himself. Tomas drinks alcohol because of panic and depression about the accident. Tomas feels depressed, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances.

3. Vehicular traumatic is no denying that a vehicle weighing several thousand pounds can cause injury, trauma, and even death. That is typical in cases of car accidents.

Picture 4: Tomas Eldan shows vehicular traumatic
Sara : What’s going on? I need to know.
Tomas : There was an accident with... with
the car. I ran over someone.
Sara : Oh, no.
Tomas : I want to sleep.
Sara : What happened to that person?
Tomas : I do not want to talk
(At Tomas’s bedroom, 00:17:29 – 00:17:48)

From the picture above describes about vehicular traumatic where Tomas feels fearful, guilty, panic, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances, so hurt himself.

4. Torture is the act of deliberately inflicting severe physical or psychological pain and possibly injury to an organism.


Picture 5: Tomas Eldan shows torture
(At hospital, 00:23:20 – 00:25:50)

Tomas : Thank you for coming. I gave them your number. I did not have anyone else. That evening.
Sara : I know what happened that evening, Tomas. It is a small town. You should have told me the whole thing. It is not your fault. It was an accident.

From the picture above describes about torture where Tomas hurts himself by attempting suicide. Tomas feels depressed, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances. So hurt himself because of his actions, he nearly commits suicide but health workers come and deliver him to the hospital for a treat.

4.4. The Causes of Post-Traumatic Stress Disorder of Tomas Eldan

In this part the writer describes about the causes of post-traumatic stress disorder of Tomas Eldan in *Every Thing Will Be Fine* movie. All the causes of post-traumatic stress disorder, there are several that match with scenes in *Every Thing Will Be Fine* movie, such as:

1. A serious accident, for example: a car crash
Tomas : Well... Alright, alright.  
Hi, you okay? you are lucky. Come here. You are fine. You are scared me. Here. Put this on.

Christopher just silent.
(On the road, 00:09:12 – 00:09:50)
From the picture above describes about a serious accident where Tomas crashes a child (Christopher) on the road. He is experiencing a serious accident and traumatized by the accident.

2. Previously experiencing anxiety or depression

Tomas is talking with Sara by phone
Tomas : Hi.
Sara : Hi, I was just thinking about you. You coming home soon?
Tomas : No, I am not finished yet.
Sara : Oh, OK. How is it going?
Tomas : Well, I am not getting anywhere.
Sara : Tomas, do not lose faith. You have it in you, you know that.
Tomas : Will you stop saying that? It is not that simple and listen. I was thinking about we discussed yesterday.
Sara : Do we have to talk about it on the phone
Tomas : I might just as well tell you now. I am not ready for all that.
(On the road, 00:05:40 – 00:06:27)

From the picture above describes about previously experiencing anxiety or depression where Tomas feels anxiety or depression because Sara wants him to come home soon and wants to have a baby from him. Tomas is not ready for all that. Finally, he is a trivial domestic quarrel with Sara.

3. Serious accident or injury

Picture 8: Tomas Eldan shows serious accident or injury

Tomas : Thank you for coming. I gave them your number. I did not have anyone else. That evening.

Sara : I know what happened that evening, Tomas. It is a small town. You should have told me the whole thing. It is not your fault. It was an accident.

(At hospital, 00:23:20 – 00:25:50)

From the picture above describes about serious accident or injury where Tomas feels depressed, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances. So hurt himself because of his actions, he nearly commits suicide but health workers come and deliver him to the hospital for a treat.

4.5. The Effects of Post-Traumatic Stress Disorder of Tomas Eldan

In this part the writer describes about the effects of post-traumatic stress disorder of Tomas Eldan in *Every Thing Will Be Fine* movie. All the effects of post-traumatic stress disorder, there are several that match with scenes in *Every Thing Will Be Fine* movie, such as:

1. Self-injury

(At motel, 00:21:27 – 00:21:30)

From the picture above describes about self-injury where Tomas feels self-injury. Tomas feels guilty, panic, depression about the accident, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances.

2. Suicidal thoughts and behaviors

(At hospital, 00:23:20 – 00:25:50)

From the picture above describes about suicidal thoughts and behaviors where Tomas feels suicidal thoughts and behaviors.
Tomas: Thank you for coming. I gave them your number. **I did not have anyone else. That evening.**

Sara: **I know what happened that evening, Tomas. It is a small town.** You should have told me the whole thing. It is not your fault. It was an accident.

(At hospital, 00:23:20 – 00:25:50)

From the picture above describes about suicidal thoughts and behaviors where Tomas hurts himself by attempting suicide and suicidal thoughts. Tomas feels depressed, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances. So hurt himself because of his actions, he nearly commits suicide but health workers come and deliver him to the hospital for a treat.

3. Alcoholic use


Picture 11: Tomas Eldan shows alcohol use

(At motel, 00:21:23 – 00:21:28)

From the picture above describes about alcohol use where Tomas drinks alcohol because of panic and depression about the accident. Tomas feels guilty, depressed, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances, so hurts himself.

4. Depression


Picture 12: Tomas Eldan shows alcohol use

Tomas: **Just feeling really down. But, I feel better now.**

Boss: The paradox on your kind a working. Is that million everything One way or another. Maybe one day become a history.

(At the office, 00:36:30 – 00:37:50)

From the picture above describes about depression where Tomas shows depression about the accident. Tomas feels depressed, really down, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances.
V. CONCLUSION

In *Every Thing Will Be Fine* movie tells about main character Tomas Eldan who had a traumatic experience that is caused of crashing a child (Christopher) twelve years ago. Furthermore, this movie tells about a psychology problem experience trauma which is called post-traumatic stress disorder. Post-traumatic stress disorder theory explains about a behavior of someone who caused by traumatic events in the past that lead to disruption of mental health and emotional disturbances.

Tomas Eldan is a friendly man. He has so many friends and likes to gather with them. Besides, he is also responsibility man. He is responsible for the acts that he did to a child (Christopher) who he crashed on the road. Then, he is a hard worker man. He works as a writer. He works hard to make good novels which are liked by a lot of people. He always seemed to assume no problem whatsoever. In showing his feeling, he is a demonstrative man. He proves his love for Ann, for want to marry her, and live together as a family with Ann, Mina, and his father. He shows as a self-sacrificing man. He is willing to sacrifice himself to help others affected. On the other hand, he is also fearful man. He feels fearful, guilty, and panic because he crashed the child (Christopher). The last one, he is a depressed man. He feels depressed and trauma because of the accident.

Tomas Eldan is experiencing post-traumatic stress disorder. In post-traumatic stress disorder, there are four types of post-traumatic stress disorder that correspond to those experienced by Tomas Eldan. The first type is comorbid PTSD. In this type, Tomas Eldan feels guilty about the accident, so he injures himself. The second type is complex PTSD. He feels depressed and panic. He drinks alcohol and injures himself to get rid of his traumatic. Then, his experiencing in the third type is vehicular traumatic. He recalls having crash a child (Christopher) in his car. He feels fearful, guilty, panic, and traumatized by the accident. The last type is torture. He injures himself by attempting suicide. He nearly commits suicide but health workers come and deliver him to the hospital for a treat.

Tomas Eldan is experiencing post-traumatic stress disorder. In post-traumatic stress disorder, there are three causes of post-traumatic stress disorder that correspond to those experienced by Tomas Eldan. The first cause is a serious accident. He feels traumati-
zed by crashing a child (Christopher) by his car and it is a serious accident. The second cause is previously experiencing anxiety or depression. He is experiencing traumatic and depression from the accident. He always remembers the accident that makes him feel trauma and fearful. The last cause is serious accident or injury. He injures himself by attempting suicide. He nearly commits suicide but health workers come and deliver him to the hospital for a treat.

Tomas Eldan is experiencing post-traumatic stress disorder. In post-traumatic stress disorder, there are four effects of post-traumatic stress disorder that correspond to those experienced by Tomas Eldan. The first effect is self-injury. He feels self-injury, guilty, panic, and depression about the accident. The second effect is suicidal thoughts and behaviors. He hurts himself by attempting suicide and suicidal thoughts. Then, the third effect is alcohol use. He drinks alcohol because of panic and depression about the accident. The last effect is depression. He feels depression about the accident, really down, traumatized by crashing a child (Christopher), and suffer severe emotional disturbances.

In *Every Thing Will Be Fine* Movie, many things can be analyzed, in this addition is about post-traumatic stress disorder that discuss many various of types of post-traumatic stress disorder, symptoms of post-traumatic stress disorder, causes of post-traumatic stress disorder, and effects of post-traumatic stress disorder. There are many things that can be analyzed from this movie. Many positive lessons that we can take from this movie. The readers can also analyze this movie with other theories to make this analysis to be deeper and wider.

For readers, who like watching western movies, they can learn English language skill (speaking, listening, reading, and writing). Watching western movies can help to understand the characters, to analyze each scene, to educate, to get information, to get knowledge, and to get entertain.

For next researchers who are interested in literature, they should understand the literature theory that will be discussed in order to facilitate to analyzing the movie. They should read diligently many literature theories books in the library and internet sources to improve scientific knowledge about literature.
REFERENCE


National Center. 2016. *Types of PTSD*. Taken from:


Movie Source: